

# "PENTA DAY" Dziewczęta Częstochowa 27.09.2025 r.



| Lp | Nazwisko      | Imię     | Rocznik | Klub                     | Licencja  | KARA | Czas pł | PKT    | KARA | Czas bieg | PKT    | SUMA   |         |
|----|---------------|----------|---------|--------------------------|-----------|------|---------|--------|------|-----------|--------|--------|---------|
| 1  | Kotus         | Kasia    | 2014    | PIATKA Konstantynów Ł.   | K14072900 |      | 31,84   | 95,52  |      | 2:01,40   | 121,40 | 216,92 | 03:36,9 |
| 2  | Tomecka       | Hanna    | 2014    | PIATKA Konstantynów Ł.   | K14091800 |      | 34,74   | 104,22 |      | 2:01,65   | 121,65 | 225,87 | 03:45,9 |
| 3  | Stępień       | Lena     | 2014    | PIATKA Konstantynów Ł.   | K14053001 |      | 35,22   | 105,66 |      | 2:07,35   | 127,35 | 233,01 | 03:53,0 |
| 4  | Ber           | Lena     | 2014    | PIATKA Konstantynów Ł.   | K14051200 |      | 34,28   | 102,84 |      | 2:15,33   | 135,33 | 238,17 | 03:58,2 |
| 5  | Koszańska     | Helena   | 2014    | PIATKA Konstantynów Ł.   | K14081400 |      | 37,08   | 111,24 |      | 2:18,34   | 138,34 | 249,58 | 04:09,6 |
| 6  | Kramek        | Maria    | 2014    | PIATKA Konstantynów Ł.   | K14031200 |      | 34,53   | 103,59 |      | 2:29,98   | 149,98 | 253,57 | 04:13,6 |
| 7  | Kolasa        | Dominika | 2014    | PIATKA Konstantynów Ł.   | K14101401 |      | 34,88   | 104,64 |      | 2:31,00   | 151,00 | 255,64 | 04:15,6 |
| 8  | KOSTECKA      | JULIA    | 2014    | KS MARBI-SPORT Ż-C       | K14090301 |      | 39,67   | 119,01 |      | 2:19,65   | 139,65 | 258,66 | 04:18,7 |
| 9  | Pokorska      | Helena   | 2014    | UKS ATUT Częstochowa     | K14052200 |      | 41,73   | 125,19 |      | 2:13,62   | 133,62 | 258,81 | 04:18,8 |
| 10 | Zdanowicz     | Hanna    | 2014    | PIATKA Konstantynów Ł.   | K14072000 |      | 37,09   | 111,27 |      | 2:32,16   | 152,16 | 263,43 | 04:23,4 |
| 11 | Mryń-Synowska | Zuzanna  | 2014    | UKS 48 CZWA              | K14013000 |      | 39,44   | 118,32 |      | 2:32,45   | 152,45 | 270,77 | 04:30,8 |
| 12 | Garus         | Gabryela | 2014    | UKS 48 CZWA              | K14060401 |      | 40,09   | 120,27 |      | 2:30,71   | 150,71 | 270,98 | 04:31,0 |
| 13 | Idzikowska    | Agata    | 2014    | UKS 48 CZWA              | K14092700 |      | 40,04   | 120,12 |      | 2:39,51   | 159,51 | 279,63 | 04:39,6 |
| 14 | Cierpiatowska | Julia    | 2014    | UKS DELFINEK Częstochowa | K14122700 |      | 42,19   | 126,57 |      | 2:34,30   | 154,30 | 280,87 | 04:40,9 |
| 15 | Gamoyan       | Mane     | 2014    | UKS ATUT Częstochowa     |           |      | 47,51   | 142,53 |      | 2:18,78   | 138,78 | 281,31 | 04:41,3 |
| 16 | Kulka         | Ada      | 2014    | UKS WIKING Radomsko      | K14021000 |      | 38,92   | 116,76 |      | 2:56,99   | 176,99 | 293,75 | 04:53,8 |
| 17 | Lichterowicz  | Pola     | 2014    | UKS 48 CZWA              | K14070402 |      | 47,50   | 142,50 |      | 2:38,85   | 158,85 | 301,35 | 05:01,4 |
| 18 | Kurzydło      | Zuzanna  | 2014    | UKS 48 CZWA              | K14120900 |      | 43,59   | 130,77 |      | 3:03,37   | 183,37 | 314,14 | 05:14,1 |
| 19 | Nitka         | Zofia    | 2014    | PIATKA Konstantynów Ł.   | K14042901 |      | 51,07   | 153,21 |      | 3:38,97   | 218,97 | 372,18 | 06:12,2 |

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|---|-------------|---------|------|------------------------|-----------|--|-------|--------|--|---------|--------|--------|---------|
| 1 | Garkowienko | Kinga   | 2015 | UKS 48 CZWA            | K15021500 |  | 33,42 | 100,26 |  | 2:15,87 | 135,87 | 236,13 | 03:56,1 |
| 2 | Sambor      | Amelia  | 2015 | UKS WIKING Radomsko    | K15020900 |  | 38,09 | 114,27 |  | 2:08,49 | 128,49 | 242,76 | 04:02,8 |
| 3 | Owczarek    | Lenka   | 2015 | PIATKA Konstantynów Ł. | K15030700 |  | 37,72 | 113,16 |  | 2:16,87 | 136,87 | 250,03 | 04:10,0 |
| 4 | Świtoń      | Malwina | 2015 | CKP Pirania            | K15050900 |  | 45,56 | 136,68 |  | 2:03,84 | 123,84 | 260,52 | 04:20,5 |
| 5 | GOCZOŁ      | ZOFIA   | 2015 | KS MARBI-SPORT Ż-C     | K15090100 |  | 38,84 | 116,52 |  | 2:28,00 | 148,00 | 264,52 | 04:24,5 |

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|----|--------------|-----------|------|--------------------------|------------|---|-------|--------|--|---------|--------|--------|---------|
| 6  | Grzelczak    | Linda     | 2015 | PIATKA Konstantynów Ł.   | LK15021001 |   | 43,26 | 129,78 |  | 2:16,95 | 136,95 | 266,73 | 04:26,7 |
| 7  | Miś          | Martyna   | 2015 | UKS DELFINEK Częstochowa | K15040400  |   | 41,39 | 124,17 |  | 2:28,81 | 148,81 | 272,98 | 04:33,0 |
| 8  | Tomalska     | Emilia    | 2015 | UKS DELFINEK Częstochowa | K15101800  |   | 45,22 | 135,66 |  | 2:29,04 | 149,04 | 284,70 | 04:44,7 |
| 9  | Szatkowska   | Jagoda    | 2015 | PIATKA Konstantynów Ł.   | K15112200  |   | 43,66 | 130,98 |  | 2:40,03 | 160,03 | 291,01 | 04:51,0 |
| 10 | Wąsek        | Zuzanna   | 2015 | CKP Pirania              | K15091000  |   | 46,72 | 140,16 |  | 2:35,39 | 155,39 | 295,55 | 04:55,5 |
| 11 | Kempska      | Martyna   | 2015 | UKS WIKING Radomsko      |            |   | 52,54 | 157,62 |  | 2:23,33 | 143,33 | 300,95 | 05:00,9 |
| 12 | Bajor        | Oliwia    | 2015 | UKS ATUT Częstochowa     |            |   | 49,15 | 147,45 |  | 2:36,01 | 156,01 | 303,46 | 05:03,5 |
| 13 | Grudzińska   | Liliana   | 2015 | PIATKA Konstantynów Ł.   | K15021002  |   | 48,66 | 145,98 |  | 2:40,20 | 160,20 | 306,18 | 05:06,2 |
| 14 | Kuleszka     | Kalina    | 2015 | PIATKA Konstantynów Ł.   | K15110900  |   | 47,86 | 143,58 |  | 2:48,35 | 168,35 | 311,93 | 05:11,9 |
| 15 | Szymczak     | Zuzia     | 2015 | PIATKA Konstantynów Ł.   | K15091801  |   | 49,42 | 148,26 |  | 2:47,08 | 167,08 | 315,34 | 05:15,3 |
| 16 | Cieślak      | Nikoła    | 2015 | PIATKA Konstantynów Ł.   | K15022300  |   | 46,26 | 138,78 |  | 3:02,75 | 182,75 | 321,53 | 05:21,5 |
| 17 | Płotecka     | Kornelia  | 2015 | PIATKA Konstantynów Ł.   | K15041500  |   | 46,45 | 139,35 |  | 3:04,01 | 184,01 | 323,36 | 05:23,4 |
| 18 | Zdonek       | Julia     | 2015 | PIATKA Konstantynów Ł.   | K15040201  |   | 45,99 | 137,97 |  | 3:07,63 | 187,63 | 325,60 | 05:25,6 |
| 19 | Lepianka     | Sonia     | 2015 | CKP Pirania              | K15042700  |   | 46,20 | 138,60 |  | 3:13,51 | 193,51 | 332,11 | 05:32,1 |
| 20 | Drzewowska   | Alicja    | 2015 | UKS WIKING Radomsko      | K15122300  |   | 59,72 | 179,16 |  | 2:45,54 | 165,54 | 344,70 | 05:44,7 |
| 21 | Nowak        | Blanka    | 2015 | PIATKA Konstantynów Ł.   |            |   | 57,76 | 173,28 |  | 3:00,33 | 180,33 | 353,61 | 05:53,6 |
| 22 | Monczakowska | Julia     | 2015 | UKS ATUT Częstochowa     |            |   | 68,94 | 206,82 |  | 2:27,16 | 147,16 | 353,98 | 05:54,0 |
| 23 | Świtła       | Emilia    | 2015 | UKS ATUT Częstochowa     |            |   | 95,82 | 287,46 |  | 2:48,10 | 168,10 | 455,56 | 07:35,6 |
|    |              |           |      |                          |            |   |       |        |  |         |        |        |         |
| 1  | Gawrońska    | Viktoria  | 2016 | PIATKA Konstantynów Ł.   | K16020500  |   | 39,08 | 117,24 |  | 2:38,40 | 158,40 | 275,64 | 04:35,6 |
| 2  | Potocka-Ryś  | Alicja    | 2016 | UKS ATUT Częstochowa     |            |   | 46,09 | 138,27 |  | 2:17,85 | 137,85 | 276,12 | 04:36,1 |
| 3  | Mroczek      | Oliwia    | 2016 | PIATKA Konstantynów Ł.   |            |   | 38,99 | 116,97 |  | 2:41,25 | 161,25 | 278,22 | 04:38,2 |
| 4  | Ciepiela     | Nadia     | 2016 | CKP Pirania              | K16080400  |   | 47,72 | 143,16 |  | 2:25,85 | 145,85 | 289,01 | 04:49,0 |
| 5  | FIGURA       | JOANNA    | 2016 | KS MARBI-SPORT Ż-C       |            |   | 47,54 | 142,62 |  | 2:26,70 | 146,70 | 289,32 | 04:49,3 |
| 6  | Woldan       | Łucja     | 2016 | UKS WIKING Radomsko      |            |   | 47,75 | 143,25 |  | 2:26,21 | 146,21 | 289,46 | 04:49,5 |
| 7  | Jędrzejczyk  | Oliwia    | 2016 | UKS WIKING Radomsko      |            |   | 48,11 | 144,33 |  | 2:30,89 | 150,89 | 295,22 | 04:55,2 |
| 8  | Kołudzka     | Hania     | 2016 | PIATKA Konstantynów Ł.   |            |   | 43,58 | 130,74 |  | 2:45,16 | 165,16 | 295,90 | 04:55,9 |
| 9  | Lelukiewicz  | Katarzyna | 2016 | UKS ATUT Częstochowa     |            |   | 52,66 | 157,98 |  | 2:23,73 | 143,73 | 301,71 | 05:01,7 |
| 10 | Kucharska    | Danuta    | 2016 | PIATKA Konstantynów Ł.   | K16011903  | 5 | 50,54 | 156,62 |  | 2:26,11 | 146,11 | 302,73 | 05:02,7 |
| 11 | Pietrasik    | Pola      | 2016 | PIATKA Konstantynów Ł.   |            |   | 46,84 | 140,52 |  | 2:53,28 | 173,28 | 313,80 | 05:13,8 |
| 12 | Mietelska    | Zofia     | 2016 | CKP Pirania              | K16120500  |   | 52,20 | 156,60 |  | 2:41,29 | 161,29 | 317,89 | 05:17,9 |
| 13 | Nowak        | Agata     | 2016 | PIATKA Konstantynów Ł.   |            |   | 46,58 | 139,74 |  | 3:00,47 | 180,47 | 320,21 | 05:20,2 |

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|----|-------------|-----------|------|--------------------------|-----------|--|-------|--------|--|---------|--------|--------|---------|
| 14 | Biegańska   | Hanna     | 2016 | CKP Pirania              | K16050400 |  | 48,84 | 146,52 |  | 2:57,31 | 177,31 | 323,83 | 05:23,8 |
| 15 | Śliwnicka   | Liliana   | 2016 | PIATKA Konstantynów Ł.   |           |  | 56,18 | 168,54 |  | 2:43,88 | 163,88 | 332,42 | 05:32,4 |
| 16 | Sztuk       | Alicja    | 2016 | UKS ATUT Częstochowa     |           |  | 62,94 | 188,82 |  | 2:31,69 | 151,69 | 340,51 | 05:40,5 |
| 17 | Świącik     | Laura     | 2016 | UKS ATUT Częstochowa     |           |  | 63,49 | 190,47 |  | 2:38,36 | 158,36 | 348,83 | 05:48,8 |
| 18 | Klara       | Nitka     | 2016 | PIATKA Konstantynów Ł.   |           |  | 66,96 | 200,88 |  | 2:30,84 | 150,84 | 351,72 | 05:51,7 |
| 19 | Mielczarek  | Lena      | 2016 | UKS WIKING Radomsko      | K16041100 |  | 59,55 | 178,65 |  | 3:13,51 | 193,51 | 372,16 | 06:12,2 |
| 20 | Grezel      | Alicja    | 2016 | UKS ATUT Częstochowa     |           |  | 75,18 | 225,54 |  | 2:30,38 | 150,38 | 375,92 | 06:15,9 |
| 21 | Kowalska    | Joanna    | 2016 | UKS WIKING Radomsko      | K16083100 |  | 58,58 | 175,74 |  | 3:21,16 | 201,16 | 376,90 | 06:16,9 |
| 22 | NOGA        | ZUZANNA   | 2016 | KS MARBI-SPORT Ż-C       |           |  | 63,46 | 190,38 |  | 3:13,19 | 193,19 | 383,57 | 06:23,6 |
| 23 | Horn        | Michalina | 2016 | UKS ATUT Częstochowa     |           |  | 73,92 | 221,76 |  | 2:52,71 | 172,71 | 394,47 | 06:34,5 |
| 24 | Marendowska | Kaja      | 2016 | UKS ATUT Częstochowa     |           |  | 83,44 | 250,32 |  | 2:51,16 | 171,16 | 421,48 | 07:01,5 |
|    |             |           |      |                          |           |  |       |        |  |         |        |        |         |
| 1  | Kręciwilk   | Lilianna  | 2017 | UKS DELFINEK Częstochowa |           |  | 57,20 | 171,60 |  | 2:36,12 | 156,12 | 327,72 | 05:27,7 |
| 2  | Wydmuch     | Julia     | 2018 | CKP Pirania              | K18020400 |  | 58,86 | 176,58 |  | 2:41,33 | 161,33 | 337,91 | 05:37,9 |
| 3  | Adamczewska | Julia     | 2017 | PIATKA Konstantynów Ł.   |           |  | 59,04 | 177,12 |  | 2:57,03 | 177,03 | 354,15 | 05:54,2 |
| 4  | Kubiczek    | Maja      | 2018 | UKS ATUT Częstochowa     |           |  | 65,98 | 197,94 |  | 2:54,99 | 174,99 | 372,93 | 06:12,9 |
| 5  | Burska      | Anna      | 2017 | PIATKA Konstantynów Ł.   |           |  | 65,55 | 196,65 |  | 3:24,81 | 204,81 | 401,46 | 06:41,5 |